

TRAIL NETWORK

MAP KEY

- Hiking/Biking Trail
- Forest Service Trail
- Walking Path Only
- Paved Path
- Paved Road
- Creeks & Lakes
- Trailhead
- Restroom

Please note! Walking on the golf course, and walking or biking on golf course cart paths, is not permitted during active play. For your safety, please use hiking trails instead of cart paths.

BE BEAR AWARE

If you encounter a bear in the woods, remember - this is the bear's territory. Do not run, and let the bear know you are there - make noise! Make eye contact but do not stare. Pick up small children who may run and keep them calm. Appreciate the experience and move on slowly with respect and confidence.

TRAIL TIPS

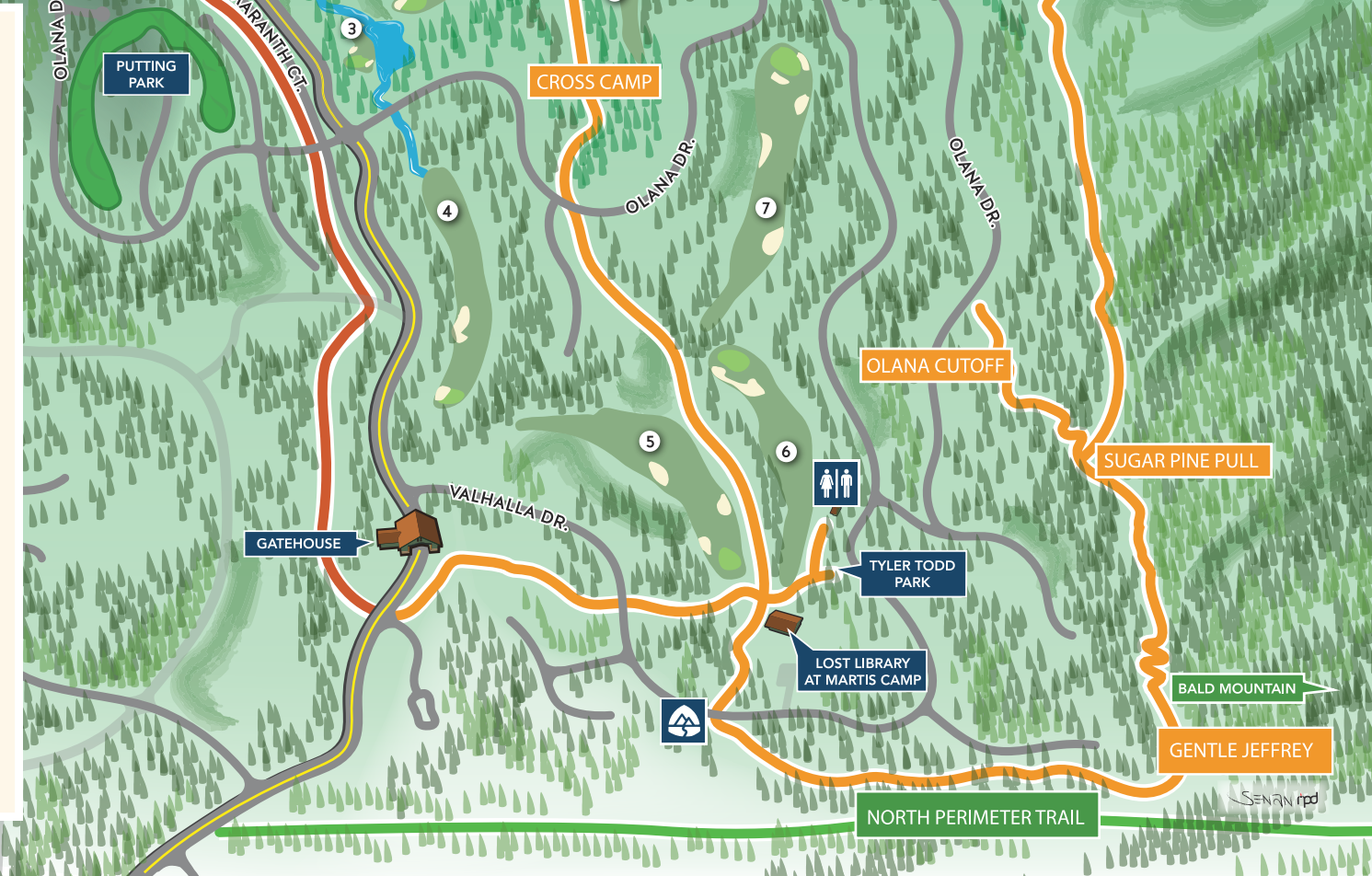
- Carry water and be prepared for changes in the weather.
- Pack it in, pack it out.
- Do not feed the wildlife.
- Stay on marked trails.
- Cyclists yield to hikers.
- Watch for and yield to golfers.
- Dogs must be on leash at all times.
- Dogs are not allowed in creeks and lakes.

ASSISTANCE

- For emergencies, call 911
- For assistance, contact the Gatehouse at (530) 550-6100

GUIDED HIKING & MOUNTAIN BIKING

For guided hiking and mountain biking, contact the Family Barn. Tap the app, call (530) 550-6070 or email familybarn@martiscamp.org.





CONTACT INFORMATION

In case of emergency, dial 911

Martis Camp Gatehouse: (530) 550-6100

Camp Lodge: (530) 550-6010

Family Barn: (530) 550-6070

Lookout Lodge: (530) 550-6090

Strava App: Follow Marty the Bear for more trail info

TRAIL TIPS

Pedestrian and bike trails are dark gray asphalt, dirt or wood chipped.

Golf cart paths are light gray concrete and may not be used for hiking or biking.

Carry water!

Do not feed the wildlife.

Pack it in, pack it out.

There are lovely scenic benches and tables to rest, snack and picnic at. No trash receptacles are available on the trails.

Bollards (Conservation Easement Markers)

The posts along the creek mark the conservation easement. Please stay on the trails.

Cross Camp

Trailheads: Lost Library

Lower: Across Fleur du Lac from Family Barn

Upper: Corner of Fleur du Lac and Valhalla

Grade: Easy, with golf course views

Distance: 20 minutes each way

Gatehouse Path

Trailhead: Lost Library and Family Barn Concert Park Lake

Grade: Easy - path paralleling Shaffer Mill Rd. is paved bike trail

Distance: 30 minutes each way

Ponderosa Path

Trailhead: Tanager Ridge and Upper Cross Camp access at the Practice Field

Grade: Easy level trail along Practice Field, crosses Valhalla continuing to Tanager Ridge

Distance: 30 minutes

Sage Flat

Trailhead: Upper Cross Camp and Tanager Ridge - crosses Valhalla

Grade: Easy

Distance: 30 minutes

Gentle Jeffrey

Trailhead: Across Valhalla from Lost Library

Grade: Level trail to water tank then merges to Sugar Pine Pull

Distance: 15 minutes

Sugar Pine Pull

Trailhead: Gentle Jeffrey connects from Lost Library

Grade: Medium - Uphill climb from Lost Library

Distance: 30 minutes

Olana Cutoff

Trailhead: Olana Drive /Sugar Pine Pull/Tanager Ridge

Grade: Medium - Uphill

Distance: 20 minutes

Tanager Ridge (perimeter trail)

From: Sugar Pine Pull to Creekside/South Creek

Trailhead: Sugar Pine Pull/Creekside /South Creek/ Perimeter Trail

Grade: Easy/Medium; fairly level with a few ups and downs over rocky outcrops

Creekside

Trail head: Metal bridge at # 15, N. Side of creek to Tanager Ridge

Grade: Easy /medium

Distance: 45 minutes each way

South Creek

Trailhead: From Family Barn – Martis Connection to metal bridge at # 15 cross bridge to south side of Martis Creek

From Tanager Ridge: Crosses the flat bridge thru Buttercup Glen.

The perimeter trail cuts uphill a bit further along. To stay on South Creek trail follow the creek and Martis Camp private trail signs and arrows. Cross Schaffer Creek at South Creek cutoff sign or continue on to Perimeter Trail

Grade: Medium

Distance: 1 hour each way

Martis Connection

Trail head: South end of Family Barn parking lot to Metal Bridge on # 15 access to Creekside, South creek, Mill Site Meander and Big Rock Meadow

Grade: Easy, short trail but uphill returning to the Family Barn

Distance: 15 minutes

Mill Site Meander

Trailhead: Northeast side of metal bridge. Follow trail along #11 to cart path and then down dirt road before cutoff to creek.

To Loop to Big Rock Meadow, cross Martis Creek at west end of trail and follow signs crossing Schaffer Mill Road to Big Rock Meadow trail

Grade: Medium

Distance: 1 hour each way

Big Rock Meadow

Trailhead: Northeast side of metal bridge. Follow trail along #11 to cart path turn right across creek to Big Rock Meadow trail sign on left. Trail is on south side of creek

To loop to Mill Site Meander: Cross Schaffer Mill Road and continue on to creek crossing

Grade: Medium

Distance: 1 hour each way

Wildlands Wander - Lookout Lodge

From: Hunter's Camp and Perimeter Trail junction/Lookout Lodge

Trailhead: Martis Connection to Hunter's Camp and accessible from Lookout Lodge and Ehrman Drive

Grade: Advanced – Wildlands Wander follows a chipped dirt road

Distance: 2-3 hours

Perimeter Trail

North Perimeter, Tanager Ridge and South Perimeter trails around boundary of property marked in red and purple on the map

Grade: Advanced

Hunter's Camp

Trailhead: From Family Barn – Martis Connection to metal bridge at #15. Cross bridge to southeast side of Martis Creek/Perimeter Trail. Trail crosses through hazard on #13.

Grade: Medium/Advanced – an uphill climb to Perimeter Trail

Distance: 45 minutes each way

Fauna

A few of our forest friends...

Black Bear, Coyote, Deer, Raccoon, Porcupine, Marmot, Bobcat, Lodgepole Chipmunks, Western Gray Squirrel, Golden Mantled Ground squirrel, Brush Rabbit

Bear Facts

If you encounter a bear in the woods, remember - this is his territory but he's happy to share! Do not run, let him know you are there – make some noise! Make eye contact but don't stare. Pick up small children who may run and keep them calm. Appreciate the experience and move on with respect and confidence.

Birds

Western Tanager, Mountain Bluebird, Song Sparrow, Cassin Finch, Tree swallow, American Robin, Western Wood Peewee, Yellow Rumped Warbler (Butter Butt), Stellar Jay, Osprey, Mountain Chickadee, Nuthatch, Bald Eagle, Hairy Woodpecker, Downy Woodpecker

Flora

Common Conifers

Ponderosa Pine – Pinus Ponderosa

Long needles, three to a bunch; on the cones prickles point outward – “Prickly Ponderosa.”

Jeffrey Pine – Pinus Jeffreyi

Similar to Ponderosa with a bit larger beehive shaped cone. On the Jeffrey cones, prickles curve inward – “Gentle Jeffrey.” The bark smells like vanilla or butterscotch.

Sugar Pine – Pinus Lambertiana

Five needles per bunch. Cones grow over a foot long!

Lodepole Pine – Pinus Contorta

Only pine in the Sierra with two needles. Small cones with long prickles.

White Fir – Abies Concolor

Single needles; flat cones grow upright on branches.

Flowers

So many! Here are a few favorites:

Mountain Pennyroyal / Monardella Odoratissima

Mint Family. All mints have square stems! Pennyroyal has opposite leaves all along the stem. Pinkish fuzzy flowers common along dry trails.

Mule's Ears / Wyethias Mollis

Big yellow sunflower type with densely wooly gray colored leaves. Common in dry areas.

Lupine / Pea Family

Five or more varieties found on trail. Range from light pink to dark purple . Palmately compound leaves. Flowers on stalk bloom from the bottom up. Dry, wet and forested areas.

Meadow Larkspur / Delphinium Nuttallianum

Purple flower ,palmately compound leaves. Grows smaller in dry areas and can grow quite large in wet areas. Giant Mountain Larkspur grows along the creek, up to six feet tall.

Indian Paintbrush / Castilleja Nana

Orange to purplish. Partly parasitic on the roots of neighboring plants including sagebrush.

Penstemmon

Five species of this lovely tubular flower, ranging in color from firecracker red to azure blue.

Crimson Columbine / Aquilegia Formosa

Red and yellow blooms. Common along stream banks and in shaded areas.