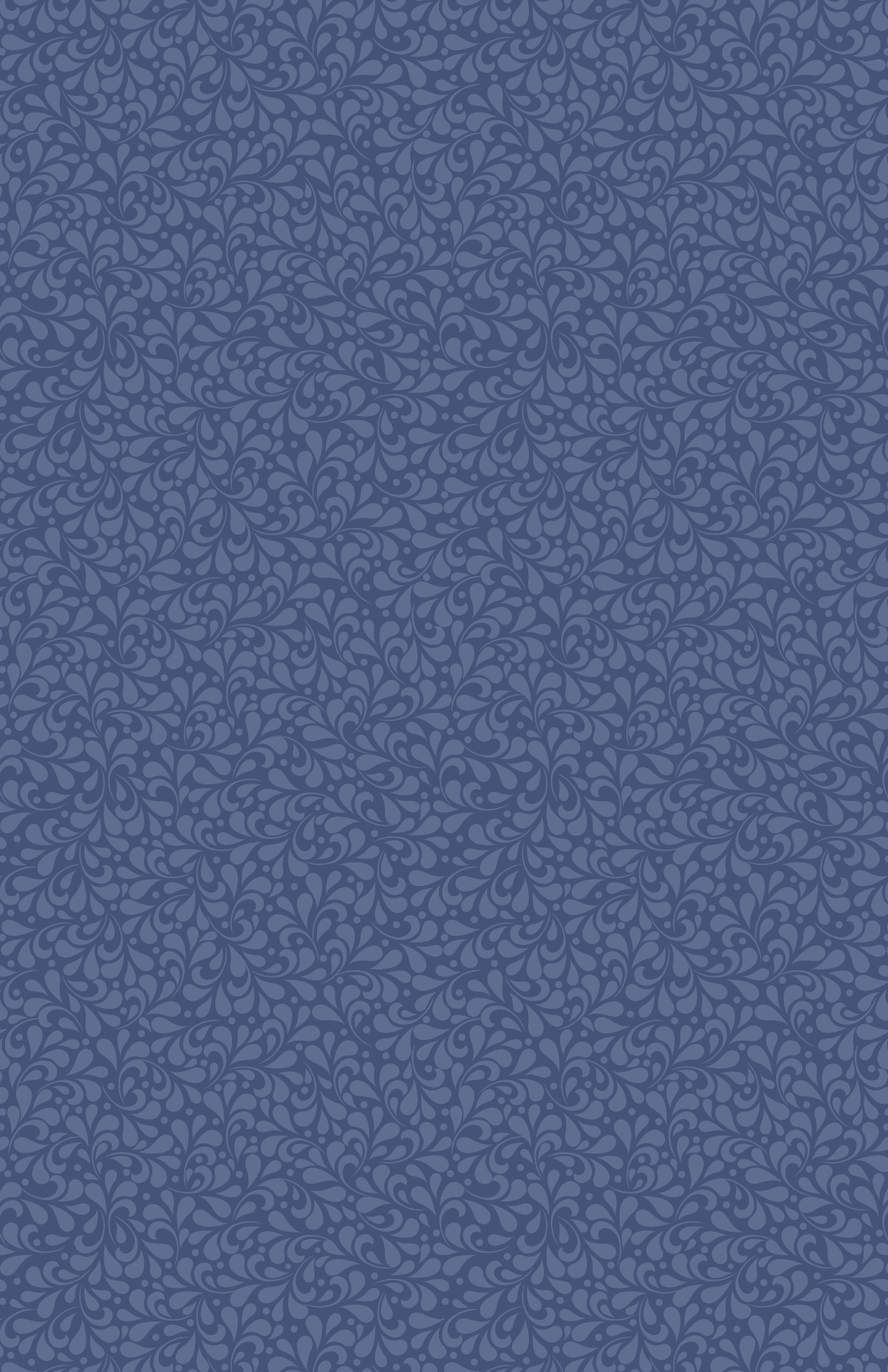


A vertical spike of purple lupine flowers in bloom, with green foliage in the background. The flowers are arranged in a dense, elongated cluster along a central stem. The petals are a vibrant purple color, and the buds at the top are still green and unopened. The background is a soft, out-of-focus green, suggesting a natural outdoor setting.

THE SPA AT MARTIS CAMP



Relax and restore in holistic pursuit of improved physical, mental and spiritual well-being through our luxurious treatments, tailored perfectly to meet your needs.



*For pricing, refer to the insert at back.
An additional 22% service charge will be added at the time of payment.*



MASSAGE THERAPIES

60, 75, 90 or 120 minutes

THE CAMP SIGNATURE

Revitalize your mind, body and spirit with a relaxing yet deeply therapeutic experience. Our Camp Signature Massage is a completely customized experience blending a variety of massage modalities with a touch of luxurious aromatherapy remedies.

· Includes: Customized Massage & Aromatherapy

THE CAMP COUPLES

Pricing varies based on length of treatment and service provided.

Choose any two of our luxurious Camp massage treatments for you and your partner to enjoy together as you drift into a state of deep relaxation in the privacy of our Couples Suite, creating an intimate and memorable experience.

· Includes: Tranquility Together

RELAXING FOREST IMMERSION

Let us take you away to a whole new level of inner peace with a service that utilizes the therapeutic benefits of gentle, rhythmic Swedish massage and unique aromatic tree oils to trigger deep relaxation and a restored feeling of well-being.

· Includes: Swedish Massage & Aromatherapy

RAPID RECOVERY DEEP TISSUE

Designed for athletes, road warriors, or anyone requiring targeted therapy, this service offers a customized blend of deep-tissue massage modalities to restore your muscles. Anti-inflammatory essential oils are applied generously to soothe muscle inflammation, relieve pain and increase circulation and energy.

· Includes: Deep Tissue Massage & Muscle Recovery

MELLOW GLOW CBD MASSAGE

For years, CBD has been the darling of the herb industry, used globally for its calming and healing properties. This relaxing massage harnesses the anti-inflammatory powers of CBD with a full-body application of the antioxidant packed CBD Luxury Body Serum that beautifully blends full-spectrum CBD with 20 potent botanicals that help to deeply hydrate skin, detoxify pores and boost your complexion's natural glow.

· Includes: Nourishing Relief

MARTIS MAMA

Nurture yourself and your baby as our massage therapist provides a variety of techniques to pamper and praise your changing body. Enjoy gentle movements to enhance muscle and joint function, improve circulation, and relieve the mental and physical fatigue associated with pregnancy.

· Includes: Rejuvenate on Your Journey

EXPRESS DE-STRESS

30 or 45 minutes

Short on time with a specific area that needs attention? Perfect for muscle soreness and tension. Your therapist will focus only on one or two specific problem areas of your choice, using slow, deep pressure to target muscles and promote muscle recovery.

· Includes: Recovery in Minutes

EVERYTHING BUT THE MASSAGE

75 minutes

This all-inclusive treatment is perfect for those seeking a full-body refresh without the massage. Pamper yourself and emerge feeling renewed and glowing. Designed to rejuvenate from head to toe, this comprehensive pampering session includes: nourishing scalp and hair treatment, foot scrub, foot paraffin, hand paraffin and face mask.

MARTIS CAMP IN-HOME & OPEN-AIR MASSAGE SERVICES

60, 75, 90 or 120 minutes

· A \$50 travel surcharge will be added to all in-home treatments.

· Please note, massage therapists are not able to assist with moving furniture.

IN-HOME: Relax and let us bring our massage tables and treatments to you! Book an in-home massage for personal relaxation, or book chair massages for stress relief and increased productivity while working from home. Simply clear a space in your house or in your outdoor living space and contact the spa to book your appointment.

OPEN-AIR: The Spa at Martis Camp offers private outdoor massage therapy treatments by request, set up beautifully in your home's outdoor living areas. These treatments revitalize your body and spirit, while immersed in our authentic alpine mountain setting. A limited number of outdoor Spa treatments are available daily. Weather and air quality restrictions apply.

MASSAGE ENHANCEMENTS

Upgrade your treatments by choosing one or more of our carefully created service enhancements. Enhancements are available as incorporated additions to body and massage services without adding additional time to the treatment. All enhancements must be booked and received with a treatment. Add on to any massage, does not add additional time to service.

CBD SALVE

Focusing on areas of tension, our Yoga Balm CBD salve uses the healing properties of HEMP to aid in relieving pain and stress in targeted areas that need it most.

TAHOE DEEP BLUE RUB

doTERRA® Deep Blue Rub is a topical cream formulated with Deep Blue Soothing Blend of CPTG Certified Pure Tested Grade™ essential oils, natural plant extracts, and additional helpful ingredients that provide a comforting sensation of cooling and warmth to problem areas.

CUPPING

Reduce pain and inflammation throughout the body while promoting mental and physical relaxation and well-being.

ORIBE NOURISHING HAIR TREATMENT

Enhance your massage or facial with a professional deep conditioning treatment. Using an infusion of signature Oribe essential oils, this calming service improves the condition of your scalp and the quality of your hair with an invigorating scalp massage and hot towel wrap.

CELLUMA LIGHT THERAPY

Cleared by the FDA for pain management and skin care, Celluma uses light energy to improve cellular health by accelerating the repair and replenishment of compromised tissue cells.

PARAFFIN ALTERNATIVE ADD-ON

Enjoy the hydrating and soothing effects of a hand or foot paraffin alternative with any Martis Camp Spa treatment.

COLLAGEN FACE, LIP OR EYE MASK

Elevate your spa experience and choose from an eye, lip or full-face collagen mask. Each mask is formulated with active levels of clinically proven ingredients and powerful botanicals leaving you with a luminous, youthful glow.

FANCY FEET

Exfoliate, hydrate and massage your feet to a renewed state to endure the elements of the season.



BODY TREATMENTS

75, 90 or 120 minutes

ALPINE GLOW FULL-BODY SCRUB & MASSAGE

Experience a deep sense of renewal and vitality. This treatment begins with a gentle, yet stimulating, full body scrub that removes impurities and leaves skin velvety smooth. Finish with a hydrating shea butter massage tailored to your needs, leaving you with a fresh, luminous glow.

· Includes: Full Body Exfoliation & Custom Massage

· Please note that this treatment is not pregnancy safe.

SIERRA STONE CROP RITUAL

This ritual guarantees head-to-toe organic healing by harnessing the restoring and hydrating properties of the stone crop succulent. Your experience begins with an invigorating sugar/salt exfoliation that gently resurfaces the skin. Then enjoy a stress-relieving massage, featuring an anti-inflammatory blend of stone crop and arnica oil. Finally, a results-oriented contouring cream is applied to targeted areas. The treatment works to resurface the skin's structure and protect it from damaging effects of the environment.

· Includes: Healing Full-Body Exfoliation & Massage + Intense Hydration

FACIALS

THE CAMP SIGNATURE FACIAL

45, 60, 75 or 90 minutes

Our signature European-style facial is packed with the best ingredients and customized in coordination with your esthetician to meet your individual needs and goals. One-of-a-kind and perfectly tailored for your skin, The Camp Signature produces glowing results. By request, the treatment can be performed exclusively with clean, organic ingredients.

THE A-LIST FACIAL

90 minutes

The A-List Facial integrates our most requested skincare applications and technologies in one luxurious treatment by utilizing Dermaflash, micro-current and high-frequency stimulation, LED light therapy, and all the benefits of HydraFacial technology to lift, tighten and clarify the facial structures. Perfect before special events when you want your skin to look its best!

THE GLASS SKIN INTENSIVE OXYGEN FACIAL

90 minutes

Used by celebrity facialists to achieve glossy and glowing skin, this revolutionary "Glass Facial" treatment uses 92% generated O₂ and anion therapy to accelerate collagen production, soften fine lines and restore damaged skin cells. This deeply penetrating skincare therapy system results in noticeably healthy, more hydrated, and luminous skin. This facial incorporates an effective exfoliating peel and other modalities to further plump, lift and tighten the complexion.

THE HOP+ NEEDLE-FREE FILLER FACIAL

90 minutes · Series of three treatments performed 10 days apart

The Needle-Free Filler Facial is a renowned non-injectable, volume-enhancing, anti-aging skin treatment that uses advanced Korean skincare and techniques to soften visible signs of aging. This advanced facial uses Poly-L-Lactic acid (the same ingredient found in some dermal fillers) infused into the top layer of skin, without the use of needles, stimulating your skin's own collagen production. This creates a noticeably plumper, smoother and more youthful appearance. You should avoid water for at least 12 hours post-treatment. One treatment can last for six weeks, and a series can leave you with noticeable results for up to five months.

ULTIMATE V-LINE FIRING FACIAL

75 minutes · Series of three treatments performed seven days apart

This advanced treatment is designed to firm and restore elasticity to loose, saggy skin around the jowls, neck, cheeks, and nasolabial folds. This facial includes all the luxuries of a Martis Camp facial, with the added benefits of Ultrasound/LED/EMS technologies and a 24k gold active collagen molding mask. This treatment has cumulative effects and is best as a series of three to four, each a week apart, then maintenance every four weeks.

THE HYDRAFACIAL MD®

45 minutes

This is the facial that everyone is talking about! The HydraFacial MD is an advanced treatment in non-laser skin resurfacing. HydraFacial is the only hydra-dermabrasion procedure that combines cleansing, exfoliation, extraction, hydration, and super serums filled with next-generation antioxidant protection simultaneously, resulting in clearer, more beautifully hydrated skin with no discomfort or downtime.

THE ULTIMATE HYDRAFACIAL

60, 75 or 90 minutes

An invigorating, deluxe version of our favorite facial, with all the essentials of the Signature HydraFacial plus the added benefit of a luxurious, potent ampoule serum booster treatment to address your skin concern, concluding with LED Light Therapy.

Choose from these ampoule boosters:

- Hydropeptide (Age-Refinement)
A combination of eight unique peptides designed to target the skin's collagen and elastin, diminish the look of fine lines and wrinkles, and visibly plump the skin.
- Corrective Tissue Growth Factor (Restoration)
Minimizes fine lines and wrinkles to restore skin health, texture and elasticity.
- Britenol (Radiance)
Minimizes the appearance of dark spots and sunspots for an even complexion.
- Neck & Decolletage Powered by Epicutis™
Visibly revitalizes the neckline, making your skin look smoother and younger.

DERMAPLANING CUSTOM FACIAL

60 minutes

Relax with a deep cleanse that preps the skin for a results driven dermaplane treatment. This procedure removes dead skin cells and impurities at the epidermal level. Gentle and precise exfoliation eradicates unfriendly skin bacteria and tightens pores. This treatment will brighten, plump and revitalize the face promoting better product penetration as well as a supple and radiant complexion.

GLO2FACIAL

60, 75 or 90 minutes

A luxe, breakthrough treatment that incorporates three scientifically proven technologies: Oxfoliation, ultrasound, and lymphatic drainage to improve the overall health and well-being of the skin. This treatment is customizable for every age and skin type! The results are clean, calm, naturally hydrated skin ... rebalanced beauty.

BODY BUBBLES – GLO2FACIAL

A facial for your body! With Glo2Facial Body Bubbles, address those not-so-talked-about skincare concerns on your chest, back, butt, arms, legs, bikini and more. Whether your goal is anti-aging, combatting hyperpigmentation, acne congestion, dryness, or inflammation, we will design a treatment plan to bring your skin to a healthier state, leaving you more confident. With no downtime, these bubbles are for everywhere!

FACIAL ENHANCEMENTS

Upgrade your facial by choosing one or more of our service enhancements. Enhancements are available as incorporated additions to your service, without adding additional time to the treatment. All enhancements must be booked and received with a treatment.

HYDRAFACIAL PERK LIP OR EYE LIFT

Revitalize and exfoliate the most delicate areas of the face with two targeted HydraFacial treatments infused with powerful ingredients.

HYDRAFACIAL HAND TREATMENT

Give your hands the same deep cleansing & hydrating treatment in just 15 extra minutes. Visibly plumps and softens fine lines.

DERMAPLANING

May be added only to Glo2Facial or HydraFacial

Remove vellus hairs, dead skin cells and deeply exfoliate.

DERMAFLASH FACIAL EXFOLIATION

Gently exfoliate dead skin cells and remove vellus hairs.

MICRO PEEL

This luxurious, volumizing and firming peel addresses multiple skin concerns and is packed with PLLA (poly-l-lactic acid) and a carefully selected group of PHA/AHA/BHA to make it a safe and gentle, yet very effective, no downtime, Pro Micro Peel.

HAPPY PEEL

The first chemical peel designed and formulated to use in combination with Dermaplaning. Without downtime, Happy Peel pads offer a gentle and effective boost in exfoliation to any facial leaving your skin bright, soothed and full of life.

OXYGEN DOME

May be added to any treatments 75 minutes or more

Infusing the skin with high concentration oxygen and anion (vitamins from the air), this hyperbaric-like chamber regenerates and reenergizes damaged cells while improving the immune system. Skin is left clean, healthy and bright. It's so gentle that no downtime is needed between treatments.

DR. EYE PATCH

Using the same "spicule" technology as the Tiffany Peel, these hydro-gel eye patches utilize marine plant stem cells to enhance elasticity and collagen. Ideally left on for 20 minutes, the patch will nourish, depuff and moisturize the undereye.

MICROCURRENT DEVICE

Professional grade low-frequency ultrasound with LED, this device promotes skin tightening and wrinkle smoothing. The ultrasound vibration at 90,000 waves per second plumps skin and activates skin metabolism and cell regeneration.

CELLUMA LIGHT THERAPY

Cleared by the FDA for pain management and skin care, Celluma uses light energy to improve cellular health by accelerating the repair and replenishment of compromised tissue cells.

ORIBE NOURISHING HAIR TREATMENT

Enhance your massage or facial with a professional deep conditioning treatment. Using an infusion of signature Oribe essential oils, this calming service improves the condition of your scalp and the quality of your hair with an invigorating scalp massage and hot towel wrap.

FANCY FEET

Exfoliate, hydrate and massage your feet to a renewed state to endure the elements of the season.

MEDICAL SPA THERAPIES

Please note these treatments are only available monthly, on limited pre-scheduled dates. Please contact the Spa for a list of available medical spa therapy dates.

BOTOX®

As we age, our facial skin loses elasticity and expression lines become etched on our faces. Botox treatments may smooth and relax the muscles that cause frown lines, horizontal forehead wrinkles and crows feet – offering patients younger looking skin.

JUVÉDERM VOLUMA® XC

Juvéderm Voluma XC is the first FDA-approved filler for adding volume to the cheek area. By increasing volume at mid-face, Voluma restores, contours and may give patients a more youthful profile.

BEAUTY & WELLNESS SERVICES

WAXING

Eye brow, lip, chin, underarm, full arm, back or chest, half legs, full legs, bikini line

TRADITIONAL ACUPUNCTURE*

30, 60, 90 minutes

Bring balance, well-being and harmony to your mind, body and spirit. Your treatment begins with a Chinese medical diagnosis followed by the insertion of single-use needles into specific points along the body's meridians. As the "Qi" moves freely through your body you may feel a deep sense of overall relaxation and wellness. Acupuncture treats a wide variety of physical and emotional conditions.

MEI ZEN COSMETIC ACUPUNCTURE*

75 minutes

Based on traditional Chinese Medicine, Mei Zen improves health and energy while "turning back the clock." Cosmetic Acupuncture increases blood and energy flow to your face, and encourages collagen production to reduce fine lines and balance the complexion.

SPORTS MEDICINE ACUPUNCTURE*

30, 60, 90 or 120 minutes

Sports Medicine Acupuncture is a highly effective form of treatment for elite athletes, casual sports enthusiasts or anybody requiring fast, safe and effective musculoskeletal pain and injury relief. This holistic and integrated approach brings optimum results by enhancing athletic performance, speeding up recovery time, and reducing the chance of injury through proper alignment and overall body awareness.

WELLNESS VITAMIN + HYDRATION INFUSIONS*

Price varies based on infusion blend · Home delivery available

A team of licensed local nurses helps you to create balance mentally and physically from the inside out with IV hydration, vitamin infusions and injections. Their combinations of fluids, vitamins, minerals and medications are customized to your individual needs.

**Acupuncture and wellness infusions are on-call services and require advance reservations.*

NAIL THERAPIES

ULTIMATE SPA MANICURE

60 minutes

This luxurious Dazzle Dry manicure features polish removal, nail shaping, aromatic spearmint and eucalyptus soak, cuticle grooming and conditioning with nutrient-rich oils, and a luxurious hand massage. The manicure is finished with a fortifying Dazzle Dry polish application – this provitamin lacquer formula strengthens your natural nail, wears like gel, removes like polish and dries in just five minutes.

ULTIMATE SPA PEDICURE

60 minutes

Indulge in the ultimate pedicure treatment featuring an aromatic spearmint and eucalyptus foot soak, nail shaping, cuticle detail, callus reduction, and a gentle exfoliating treatment to brighten and renew the skin. Legs and feet are massaged with 11 essential oils to stimulate circulation and relax tired feet. This pedicure is finished with a fortifying Dazzle Dry lacquer application that dries in just five minutes!

DAZZLE DRY EXPRESS MANICURE

35 minutes

Revive nails with a fortifying Dazzle Dry lacquer refresh. Polish is removed, nails are re-shaped and lightly buffed, then finished with Dazzle Dry's signature four-step nail care application. This treatment does not include a soak or scrub.

SHELLAC MANICURE

60 minutes

This manicure combines complete, detailed nail maintenance and your choice of non-chip Shellac polish.

SHELLAC PEDICURE

60 minutes

This pedicure combines complete toenail maintenance and callus care with your choice of non-chip Shellac polish.

SHELLAC REMOVAL*

20 minutes

Hang with us for an extra 20 minutes to remove old Shellac with care and nourishment for your nails.

**Please note! We are not able to remove hard gel, dip or acrylic polish.*



HAPPY CAMPERS

Happy Campers Spa experiences are available for children 12 and under. During these services, a parent or guardian must be reachable and close to the Spa at all times.

HAPPY CAMPERS MASSAGE

30 minutes

Let us pamper your Camper with a relaxing massage tailored to the needs of your child.

HAPPY CAMPERS FACIAL

30 minutes

Our Happy Campers Facial includes a facial cleanse, facial mask and massage, followed by an application of hydrating sunscreen. Teach your Camper the importance of skincare!

HAPPY CAMPERS MANICURE

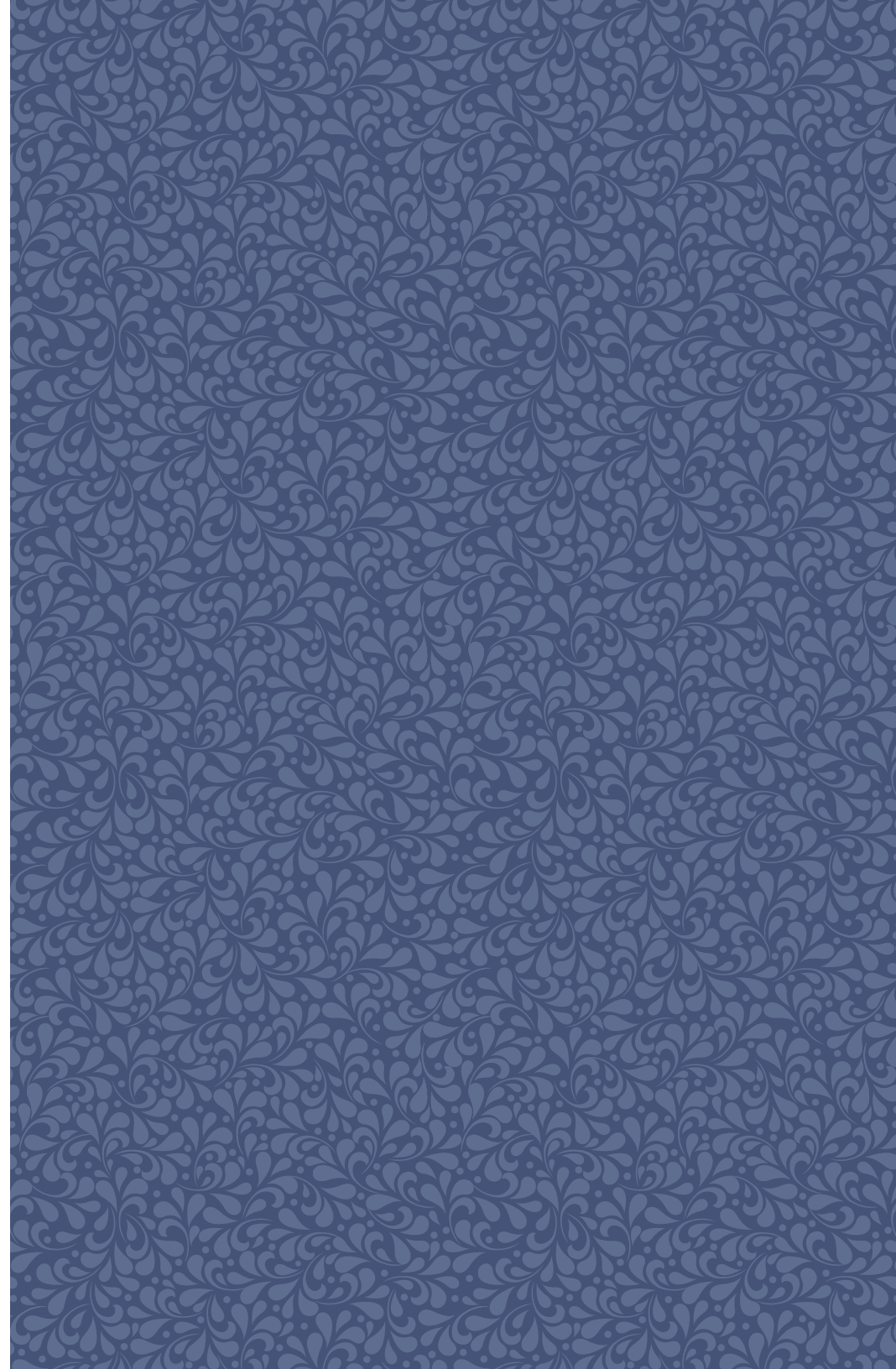
30 minutes

Stop by and choose a color for a quick buff and polish so your little Camper can feel like a big Camper, just like you.

HAPPY CAMPERS PEDICURE

30 minutes

Treat your little one to a relaxing pedicure with a buff polish application and foot massage.





Spa@MartisCamp.org • (530) 550-6030